Paul Revere Village

Recycling: It's not just a good idea, it's the Law

There is currently in effect, within Massachusetts, a "Waste Disposal Ban" which prohibits the disposal of certain toxic and recyclable wastes. The guidance for this waste ban can be found under the Massachusetts Department of Environmental Protection regulations 310 CMR 19.017.

This regulation prohibits the disposal of recyclable items such as:

glass containers
metal containers
plastic containers
paper
cardboard
leaf and yard waste
asphalt pavement
brick / concrete
metal / wood

The following items are considered "zero tolerance" materials which can result in serious fines if they are found in the waste in **ANY** amounts:

batteries
 tires
 large appliances
 TVs
 computer monitors

We **must** recycle at Paul Revere Village. Here are recycling tips...

> rinse all containers clean to avoid the attraction of pests

- Plastics...only recycle containers which have a recycle triangle somewhere on it. Remove lids and crush flat. (this does not include broken plastic toys or other misc. plastic item from around the home)
- Cardboard...this includes corrugate as well as fiberboard (such as cereal boxes) It should be cut down and flattened to pieces no larger than 20" x 20". Cardboard should be bundled separately from newspapers and magazines
- Paper...this includes newspapers, magazines, catalogs, junk mail, etc.
- Glass...this includes glass containers of any color glass. There is no need to remove the labels (this does NOT include light bulbs, dishes or various other glass from around the home)
- Cans...wash, remove both ends and flatten. There is no need to remove the labels. (Empty aerosol containers should be wrapped and placed in the regular trash)
- Appliances, computers, TVs, furniture and paint cans can be disposed of during one of the PRV universal waste pick up days or you may call Millbury Rubbish at 508-865-0446 for rates and a pickup date.

In this Issue:

Millbury, Massachusetts

PRV Recycling - p. 1 FiOS Install Story - p 2 Decks - p. 3 FiOS Info - p. 3 For Sale Items - p. 3 Grapenut Pudding - p. 4 Monthly Minute - p. 4

Dates of Note:

Recycling for June:

Paper - June 11, 25 Recyclables - June 4, 18

For more information on waste disposal bans visit: http://www.mass.gov/dep/recycle/solid/regs0201.htm

JUNE 2008

FIOS INSTALLATION - ONE CASE STUDY

The following is a summary of my FiOS installation process. It can seem a bit technical, but remember that the tech will have everything set up and explain what you need to know before he/she departs.

I signed up for FiOS internet as soon as I could and on May 17th a Verizon technician arrived to complete my installation. I had opted for a morning time slot which was from 8am to Noon and the technician arrived at about 8:30 am that morning. Very timely; a good first sign.

The first thing the tech did was examine the area where he would be installing the ONT

In preparation for the Verizon tech's visit I had mounted a large piece of plywood on the wall in my utility room along with a shelve to hold my own router, UPS (uninterruptible power supply), hard drives and VoIP phone adapter.

The tech went outside and verified that he was able to see a signal through the fiber from the street before he ran a length of fiber optic cable through the micro conduit and down into my utility room.

Once the fiber was in place he mounted the ONT to the plywood and installed the backup battery. The battery provides power in the event

(optical network terminal) which converts the light coming in over the fiber optic cable to electrical signals which run through coax and ethernet.

Most of you will likely have your ONT installed in the upstairs closet which is where the micro conduit, which was previously installed,



of a power outage so that you can still use your telephone (if you opt for FiOS phone service).

Once the ONT was mounted he connected the fiber optic cable and then connected the Verizon supplied wireless router to the ONT. After this, he then set up my account using his laptop. As I previously

terminates. Mine is a special case as I have a conduit that I installed which runs from my basement up through my closets and into my attic. I installed this in order to be able to route ethernet and coax easily from the basement to wall jacks I installed on the second floor. So my micro conduit ran down through my existing conduit and into the basement utility room which is where I had my mini data center set up.

account information. I opened my own laptop and after entering the

had Verizon DSL he was able to reuse my existing

security key (a provided WEP password) I was able to connect to the internet. Total time from start to finish: 2 hours.

I'll post more details and more photos of my installation on the PRV website soon.

Jeff - PRV webmaster

Additional reading...

FiOS Installation FAQ:

http://www.dslreports.com/faq/12846 Computerworld: Lucas Mearian - experience with FiOS installation http://blogs.computerworld.com/my_experience_with_verizons_fios_installation

JUNE 2008

DECKS

It's that time of year when the trees bud, the grass turns green, and we start using our decks again. Year after year, the decks require some TLC to help maintain them and as you can imagine, are a costly line to our overall budget.

This year, we are letting all of our homeowners know that the Board will provide everything one would need in order to stain their respective deck themselves.

VERIZON FIOS

Verizon FiOS internet service and VoIP phone service is now available.

Verizon television service will become available around mid June.

Please see Verizon's website for more information about FiOS.



http://www.verizon.com/fios

If you wish to stain your own deck email the PRV Board: board@paulreverevillage.com

Steve DiVirgilio will then assess your deck to determine which boards should be ripped up and replaced by maintenance prior to staining.

After the boards have been replaced, Steve will then provide everything you need to stain the deck yourself including deck wash, brushes, rollers, stain, etc. at no cost to you as a homeowner.

ITEMS FOR SALE

Four Cream Cordless Levelor Double Cell Shades (Hardware Included)

Shades were cut to fit original bay window at PRVA 2 shades - 21 3/8 inches wide by 55 inches long

2 shades - 20 3/8 inches wide by 55 inches long

The shades were purchased in November 2006 and are in excellent condition but no longer fit in my replacement bay window.

Original Purchase Price: \$261.80 Sale Price: \$150.00

Call Pat at 508-865-5717 if interested or for further information.

CRUISIN' TO BERMUDA

Randy and I took my dad on a cruise to Bermuda for his 85th birthday on the Norwegian Cruise Line during the Memorial Day week. The weather cooperated (for the most partone rainy morning we explored the Crystal Caves) and Bermuda is pristine with it's brightly colored

> houses, winding streets and pink sand beaches.

Our big adventure this cruise was to horse back ride along the Warwick beaches on the South Shore- we felt like lifestyles of the rich and famous. Bermuda is not to be missed, and cruising is a fun way to travel- Randy even won at Bingo!

Laurie Guptill Clerk, PRVA

The NCL ship the Dream left from the Boston pier so it was very convenient and it's a freestyle cruise so you can eat whenever you want and you don't have assigned tables.

My brother lives in Charlotte so he and his family sailed on the NCL Majesty from Charleston and met us in Bermuda at St. Georges where both the ships were docked!



RECIPE - GRAPENUT PUDDING

This recipe is from one of my Aunts. She used to make this for the holidays and now it's mine to make. It's refreshing after a big holiday dinner.

7 Eggs

- 6 cups whole milk 1 cup Grapenuts cereal 1/2 cup granulated sugar 2 tsp. vanilla extract
- 2 Tbsp melted butter

Place melted butter in a large mixing bowl along with the Grapenuts. Stir to coat. Add eggs, milk, sugar, and vanilla. Beat well on medium speed.

Pour into baking dish. Place into a larger baking dish and add water half way up in the larger dish to create a water bath.

Bake at 400° for 1 hour and then at 425° for 15 minutes.

Pudding will be golden brown. Once out of the oven remove from water bath onto folded dishtowel. Allow to cool and refrigerate. Enjoy with a dollop of fresh whipped cream.

MONTHLY MINUTE WITH MAUREEN

I recently read a notice in the Millbury-Sutton Chronicle about a food pantry in our town. This is the info. I hope all of you will stop by and make a small donation. You may wish to save the receipt for charitable food donations for use at tax time. It helps to pay for the items separately at the register.

Millbury Federated Church 20 Main Street Millbury, MA 01527

The Millbury Federated Church provides a food pantry for those in need in Millbury and the surrounding communities. The food pantry is open on Monday and Wednesday mornings from 9 a.m. to

12 noon. The food pantry is entirely supported by donations of food from church members and from the community at large. If you go to mfch.org you can click on a list of their needs.



Maureen

JUNE WORD SEARCH - WEDDINGS

5																												
С	W	Е	С	S	В	Ρ	н	D	G	V	К	U	U	Т	Q	S	Н	Е	М	Н	Х	V	Ν	А	S	1.	veil	15. champagne
Н	D	U	М	Е	Т	F	А	F	М	S	D	R	Е	S	S	Т	U	G	U	0	D	F	Е	R	W	2.	bride	16. favors
А	V	F	Е	S	Е	F	D	R	Е	F	Ι	Ρ	Y	W	А	Е	D	Ι	G	Ν	А	н	Ζ	С	V	З.	groom	17. family
М	Е	Ν	W	В	С	G	Х	М	Т	V	Н	G	0	В	Т	R	R	Е	С	Е	Ρ	Т	Ι	0	Ν	4.	flowers	18. rings
Ρ	М	F	А	Ρ	S	В	S	Ν	Κ	Y	Ζ	М	U	R	S	К	А	М	V	Y	В	Ν	Υ	Е	В	5.	alter	19. diamond
А	С	А	L	Т	Е	R	V	В	0	U	Q	U	Е	Т	Ι	L	F	Т	0	М	V	С	U	W	R	6.	church	20. limousine
G	Т	Ι	Ρ	0	L	Т	М	Ν	Ρ	0	L	Т	F	G	U	S	Е	Е	U	0	Х	А	W	J	Ι	7.	dress	21. rehearsal
Ν	В	G	Е	J	W	Е	D	D	Ι	Ν	G	J	А	S	Ρ	А	Q	Υ	Е	0	V	Х	Т	Н	D	8.	cake	22. roses
Е	Е	S	W	R	Т	Е	В	U	А	S	Н	F	W	Q	0	В	М	U	R	Ν	Ν	В	S	К	Е	9.	album	23. vows
V	G	F	В	т	G	Н	R	Y	R	Т	D	S	Н	G	А	D	D	L	А	R	W	Ρ	Ι	L	0	10.	pictures	24. bouquet
Е	R	А	F	Е	Ρ	R	G	S	Е	U	Х	G	Н	М	V	Υ	S	Ι	S	V	0	W	S	Т	Υ	11.	music	25. dance
D	0	М	S	W	Е	G	D	F	G	Х	Е	G	R	0	0	М	U	М	Y	н	F	V	В	Ν	М	12.	honeymoon	26. tuxedo
S	Ρ	Ι	Е	С	Н	Ν	М	В	Н	Е	L	Υ	Ι	Т	R	С	Ι	0	0	Т	S	А	Н	Q	R	13.	reception	27. wedding
U	D	L	Ν	D	Ι	А	М	0	Ν	D	Ρ	S	0	F	S	Ν	Ν	U	L	J	Y	D	F	W	F	14.	party	28. marriage
А	М	Y	М	V	В	0	U	Ρ	С	0	Х	Ν	М	Y	D	М	С	S	Ρ	R	М	U	В	L	А			
Ν	А	F	Т	G	D	S	Е	L	Κ	V	С	D	F	L	G	Х	Ζ	Ι	W	Т	Ι	В	Ζ	Т	Е			
М	R	F	В	Х	J	Κ	D	R	S	Е	Ρ	W	Е	С	К	V	D	Ν	Е	R	т	Ν	Х	R	М			
S	R	S	Ζ	V	А	Т	А	S	L	R	Т	Y	Ι	0	V	В	Х	Е	F	0	Т	F	V	0	Ν			
Α	Ι	Е	D	С	Ν	Н	R	G	Μ	Ρ	0	S	W	Ρ	М	Е	Н	А	D	Ρ	G	D	S	S	Т			
М	А	R	S	Ρ	Е	R	S	D	А	М	U	А	Q	D	Ν	W	R	S	S	Е	U	F	D	Е	Y			
Т	G	0	Т	U	Т	Н	Х	V	С	М	Т	D	Е	G	F	Ι	А	Ζ	Х	С	G	R	Т	S	J			
R	Е	Н	Е	А	R	S	А	L	Е	Ρ	К	J	А	R	Ν	S	R	Х	G	Ν	Н	Е	С	S	Ι			
Ρ	W	К	L	Ζ	В	Ν	D	В	Т	V	0	G	Н	G	Е	А	Ζ	С	F	А	Μ	U	Х	R	К			
D	U	Ι	К	Х	М	С	F	Ι	Y	S	Е	R	S	0	W	Т	G	В	Н	D	L	Y	R	D	L			
М	Е	0	L	Н	V	Μ	D	U	Y	А	С	Х	Т	Y	В	С	Е	Y	J	0	J	G	В	С	W			
V	Ι	Е	R	S	Т	Е	G	Y	Ρ	Ι	С	Т	U	R	Е	А	Т	Е	W	Ρ	К	Ν	V	Е	Н			